

# Govt. Mata Karma Girls' College, Mahasamund (C.G) (NAAC Accredited)

Affiliated to Pt. Ravishankar Shukla University, Raipur (C.G.)

One Day National Webinar On

Mental Stress Management During COVID -19 Pandemic

Date: 23 July, 2020 Time: 11:00 AM

## Organized By - IQAC and Department of Geography

#### **Our Distinguished Speakers**



DR. NARESH KUMAR BAGHMAR
Professor & Head
S.o.S. in Geography
Pt. Ravishankar Shukla University
Raipur (Chhattisgarh)



DR. MEETA JHA
Professor & Head
S.o.S. in Psychology
Pt. Ravishankar Shukla University
Raipur (Chhattisgarh)



DR. AJEYA JHA
Professor & Director (R&D)
Dept. of Management Studies
Sikkim Manipal Institute of Technology
Majitar ,Rangpo (Sikkim)

#### **Registration Details**

- Registration fee: Free of Cost (Session will be online via Google Meet)
- Registration link: <a href="https://docs.google.com/forms/d/e/1FAIpQLSfhni-SY90ENHNCIS3FhY-Px-201ACGSqS3E4JBSXisSgCdNw/viewform?vc=0&c=0&w=1&usp=mail-form-link">https://docs.google.com/forms/d/e/1FAIpQLSfhni-SY90ENHNCIS3FhY-Px-201ACGSqS3E4JBSXisSgCdNw/viewform?vc=0&c=0&w=1&usp=mail-form-link</a>
- **E-Certificate** will be issued to all participants after filling the feedback form provided after session.
- All participant must join the WhatsApp group link after registration.
  Whatsapp group joining link: <a href="https://chat.whatsapp.com/lvhBwyBVIPs3cTUk5WBYui">https://chat.whatsapp.com/lvhBwyBVIPs3cTUk5WBYui</a>
- For more details contact us at: 9977581651, 8871542522, 9009837115.

#### **Our Team**



Patron
DR. RAMESH KUMAR DEWANGAN
Principal
Govt. Mata Karma Girls' College
Mahasamund (C.G.)



Convener
DR. SHALINI VERMA
Asst. Professor, Geography
Govt. Mata Karma Girls' College
Mahasamund (C.G.)

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## Organizing Committee

Dr. Sarasawati Verma, Asst. Professor & HoD, Hindi (Secretary) Dr. Sheel Bhadra Kumar, Asst. Professor & HoD, Political Science

Dr. Swetlana Nagal, Asst. Professor & HoD, Microbiology

Mr. Ajay Kumar Shrivas, Librarian



Coordinator MR. V. K. SAHU Asst. Professor, Sociology Govt. Mata Karma Girls' College Mahasamund (C.G.)

#### **Technical Support**

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